



Managing your money

You have £17.50 to spend each week on food at school. You can divide the money out equally for each day or spend different amounts, **BUT** it has to last you all week. Try to budget your money so that you have enough food and drink each day. Remember to eat healthily too.



You have some Malet Lambert School sample Menus for this task to help you to budget your £17.50. Use them to decide what you might have each day and calculate the costs as you go along. The table included will help you to set out your budget.

BREAKFAST

CORNFLAKES	🍌🍌	60p
RICE CRISPIES	🍌🍌	
SHREDDIES	🍌🍌🍌	
WEETABIX	🍌🍌	

BACON SANDWICH	🍌🍌	£1-20
----------------	----	-------

MORNING BREAK

BACON SANDWICH	🍌🍌	£1-20
BUTTERED BREADCAKE	🍌🍌🍌	60p
CHOC. CROISSANT	🍌🍌🍌🍌🍌	50p
CROISSANT	🍌🍌🍌🍌🍌	50p

GARLIC BREAD	🍌🍌🍌	60p
PIZZA	🍌🍌	60p
RICE CAKE	🍌🍌	80p
SAUSAGE ROLL	🍌🍌	70p

PRICE LIST

Main Meal Deal	£2.20
<i>Including Dessert & Drink (Water / Cup Drink / Milk)</i>	
Sandwich Deal	£2.20
<i>Including Muffin & Drink (Water / Cup Drink / Milk)</i>	
Panini Deal	£2.20
<i>Including Muffin or Drink (Water / Cup Drink / Milk)</i>	
Pasta Pot Deal	£2.20
<i>Including Muffin or Drink (Water / Cup Drink / Milk)</i>	
Main Meal Only	£1.60
Panini	£1.60
Sandwich	£1.20
Pasta & Sauce	£1.60
+ With Cheese	£1.90
Muffin	60p
Yoghurt / Angel Delight	60p
Pudding & Custard	75p
Ice Cream Or Jelly	60p

DRINKS










Water	55p
Flavoured Water	70p
Cup Drinks	55p
Milk	55p
Suso	70p
Capri-Sun	70p

FOR MORE INFORMATION

For menu options, including allergen information, please see the individual menus or speak to one of our catering staff.

THE POD

PANINIS *£1.60*

BACON & TOMATO	 
BBQ CHICKEN	  
HAM & CHEESE	 
PEPPERONI	 

COOKIES *80p*

CHOCOLATE	    
RAINBOW	  
WHITE CHOCOLATE	    

BEEF BURGER	    	<i>£1.20</i>
CALZONE	 	<i>£1.50</i>
CHICKEN BURGER	  	<i>£1.20</i>
CHICKEN WRAP	 	<i>£1.50</i>
SPICY CHICKEN WRAP	    	<i>£1.50</i>
HOT DOG	    	<i>£1.20</i>

ALLERGENS

- | | | | | |
|--|--|--|--|---|
|  CELERY / CELERIAC |  EGGS |  MILK |  NUTS |  SOYBEANS |
|  CEREALS CONT. GLUTEN |  FISH |  MOLLUSCS |  PEANUTS |  SULPHITES |
|  CRUSTACEANS |  LUPINS |  MUSTARD |  SESAME SEEDS | |

