

# MALET LAMBERT

TRADITIONAL VALUES CONTEMPORARY ASPIRATIONS CREATIVE CURIOSITY

# YEAR 9 GUIDED CHOICES 2024



# Contents

Welcome	3
Pathways to Success	4
The KS4 Curriculum	5
The Guided Choices Process	6
Pathways	7
Guided Choices Options RED	8
GUIDED CHOICES OPTIONS BLUE	9
The Core Curriculum Subject Pages	10 - 16
The Guided Choice Subject Pages	17 - 51

### Welcome

### Welcome to the 2024 Guided Choices Process

The purpose of this booklet is to provide you with information on the qualifications you will study during Years 10 and 11 and provide you with a list of all of the subjects that you can choose from.

The Guided Choices website will provide you and your parents an important opportunity to make informed, guided choices about subject choices for next year.



### PATHWAYS TO SUCCESS

The structure of Key Stage 4 has been designed to ensure that every pupil will follow a broad, balanced curriculum suited to their individual needs. We all have different strengths and weaknesses and for some pupils a vocational course will allow a greater chance of success in Level 2 courses than a GCSE course and will also be more enjoyable to study.

To advise you on which pathway to follow, we will review your attainment in Key Stage 2 and Key Stage 3 across your core subjects. We want every pupil to finish Year 11 with a complete set of level 2 qualifications that will take them on to their next stage, whether that is employment, training or post 16 study. All of our Key Stage 4 Level 2 qualifications can lead to Key Stage 5 Level 3 further education courses.

All pupils follow the core curriculum of English, Mathematics, Science, Physical Education and PSHE. There are three pathways available to pupils: a RED, BLUE and ORANGE pathway. More information is available on page 7.

All pupils on the RED pathway choose a humanity subject (History or Geography) and a foreign language (French or Spanish) to meet the requirements of the English Baccalaureate (EBacc) certificate. Pupils on the BLUE pathway will study a humanity or a language and may choose both if they wish. We also offer an ORANGE pathway, this is based on a pupil's needs with reasonable adjustments made.

### How do you choose?

- Read the subject information in this booklet
- Take the appropriate form (samples are in this booklet)
- Follow the instructions on the form for making your choice(s)

### Consider the following:

- What are your strongest subjects?
- What are your weak subjects?
- Do you prefer practical tasks to reading and writing based tasks?
- Are you well organised and able to meet deadlines?
- Don't choose a subject or course just because your friends do

Thinking carefully about these things should help with your decisions but you can also talk to your teachers, parents or carers.

If you have any questions about careers, you can make an appointment with Ms Powell (Careers Leader). This can be arranged through your form tutor or head of house. You can also visit www.u-explore.com for further careers information.

# The Key Stage 4 Curriculum

All pupils have access to a curriculum that develops the powerful knowledge and skills to which they are all entitled in order to lead successful lives and make a positive contribution to their communities.

Where every pupil matters, every pupil can succeed.

Our purpose is to maximise pupils':

- Achievement
- Aspiration
- Excitement and enjoyment through positive challenge
- Curriculum Intent
- To equip our pupils with the knowledge and skills needed for their future to achieve their full potential
- To deliver a broad and balanced curriculum reflecting the needs of our pupils
- To raise aspiration, promote resilience and create successful learners
- To promote spiritual, moral, social, cultural and community development

Our Curriculum vision aims to reflect Malet Lambert's values and ethos:

### **Traditional Values**

This reflects our core purpose to ensure all pupils are catered for with a plethora of skills which inspire, nurture and are embedded throughout their time in each subject.

### **Contemporary Aspirations**

Pupils are supported throughout the curriculum to develop skills and knowledge needed to obtain their deserved futures.

Creative Curiosity

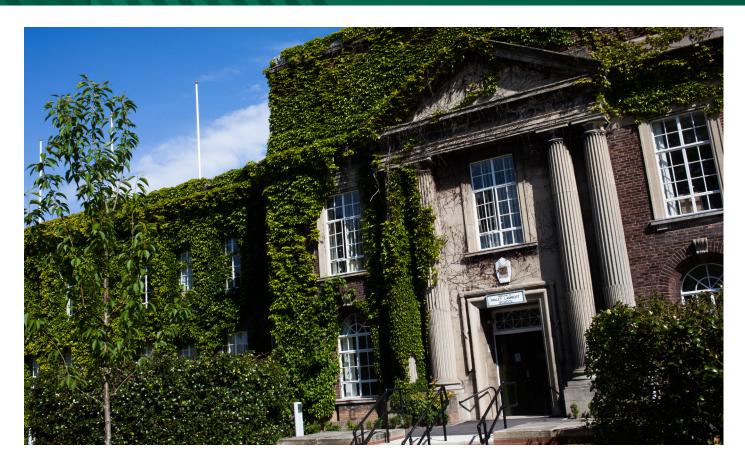
Each subject at Malet Lambert is designed to sequence lessons that provide a relentless, inquisitive nature in our pupils.

At Malet Lambert we strive to provide a curriculum which allows all of our pupils to achieve their true potential and which prepares them best for a successful future.

Next year, you will study the core subjects listed below in addition to the guided choice that you choose:

- English Language GCSE
- English Literature GCSE
- Maths GCSE
- Combined Science Trilogy GCSE
- Core PE
- Personal Development

# THE GUIDED CHOICES PROCESS



You need to complete your final guided choices form for <u>Monday 26th February 2024.</u> This will allow you time to discuss your choices.

### How to choose

Choosing the correct guided choice is important – you will be happier and more successful if you choose a subject you enjoy and are currently successful in. Make sure you choose wisely and ask for guidance from your parents, subject teachers and form tutor. Poor reasons for choosing a subject are to be with your friends because you like the teacher or because you think the subject will be easy and have little work. All subjects have a lot of work with some qualifications having up to 10 hours of examinations.

We are offering the widest choice of subjects that we can, however, it is possible that any particular subject may not actually run. If a subject that you have chosen as your first choice is not available, we will use your reserve choice subject but someone will speak to you to make sure that you are comfortable with that choice.

If you would like to discuss any of the guided choices options or curriculum please contact:

Mr Johansson Assistant Headteacher daniel.johansson@maletlambert.hull.sch.uk

## PATHWAYS

### **RED Pathway:**

Pupils following our 'RED' pathway will select a language and a humanity subject and will therefore be eligible for the Ebacc certificate.

### **BLUE Pathway:**

Pupils following our 'BLUE' pathway can choose from either a language or humanity subject, and have the option to study a wide range of other subjects offered.

### **ORANGE** Pathway:

Pupils following our 'ORANGE' pathway follow the core curriculum with reasonable adjustments made dependant on individual needs.

A summary of the guided choice options is shown below:

Pathway	Guided Choice Courses		
Red	One humanity	One language	Two other courses (plus one alternate choice)
Blue	One humanity or language	Three other courses (plus one alternate choice)	
Orange	This pathway is arranged through Mr Johansson (Assistant Headteacher) & Mrs Lalic (SENCO)		

Languages enable pupils to develop problem solving skills, reasoning skills, develop creativity and the ability to cope with change, communication, confidence and of course improved literacy. These skills are indispensable for future success regardless of whether you use the language in the future or not.

Increasingly, job roles within our local and national communities rely on the ability to communicate with people from all over the world. Businesses and university admissions teams look favourably on pupils with a broad and balanced curriculum. Likewise employers, colleges and universities value the mix of skills and knowledge that studying a humanities subject brings. These pathways enable pupils to have access to a curriculum that develops the powerful knowledge and skills to which they are all entitled in order to lead successful lives and make a positive contribution to their communities.

### GUIDED CHOICES OPTIONS: RED

All pupils on this route will qualify for the internationally recognised Ebacc certificate. Pupils will choose:

- One humanity subject
- One language subject
- Two other subject choices
- One alternative subject choice

### Courses

### Humanity

- History (GCSE 9-1)
- Geography (GCSE 9-1)

\*Please note: you also have the option of choosing either History or Geography in the 'Other Courses' category if you wish to study both.

### Language

- French (GCSE 9-1)
- Spanish (GCSE 9-1)

### Whichever you are currently studying.

### **Other Courses**

- Art and Design (GCSE 9-1)
- Art and Design: Textiles (GCSE 9-1)
- Business Studies (GCSE 9-1)
- Computer Science (GCSE 9-1)
- Creative iMedia (Cambridge National Level 2)
- Design and Technology (GCSE 9-1)
- Drama (GCSE 9-1)
- Engineering Design (Cambridge National Level 2)
- Enterprise & Marketing (Cambridge National Level 2)
- Food Preparation and Nutrition (GCSE 9-1)
- Geography (GCSE 9-1)
- Health and Social Care (Cambridge National Level 2)
- History (GCSE 9-1)
- Information Technology (BTEC Tech Award)
- Music (GCSE 9-1)
- Photography (GCSE 9-1)
- Physical Education/Sports Studies
- Religious Studies (GCSE 9-1)
- Sociology (GCSE 9-1)
- Triple Science (GCSE 9-1)

\*Please note: you can only choose one Art & Design option.

### GUIDED CHOICES OPTIONS: BLUE

Pupils will choose:

- One humanity subject or One language subject
- Three other subject choices
- One alternative subject choice

### Courses

### Humanity or Language

- History (GCSE 9-1)
- Geography (GCSE 9-1)
- French (GCSE 9-1)
- Spanish (GCSE 9-1)

\*Please note: you also have the option of choosing either History or Geography in the 'Other Courses' category if you wish to study both.

### **Other Courses**

- Art and Design (GCSE 9-1)
- Art and Design: Textiles (GCSE 9-1)
- Business Studies (GCSE 9-1)
- Computer Science (GCSE 9-1)
- Creative iMedia (Cambridge National Level 2)
- Design and Technology (GCSE 9-1)
- Drama (GCSE 9-1)
- Engineering Design (Cambridge National Level 2)
- Enterprise & Marketing (Cambridge National Level 2)
- Food Preparation and Nutrition (GCSE 9-1)
- Geography (GCSE 9-1)
- Health and Social Care (Cambridge National Level 2)
- History (GCSE 9-1)
- Information Technology (BTEC Tech Award)
- Music (GCSE 9-1)
- Photography (GCSE 9-1)
- Physical Education/Sports Studies
- Religious Studies (GCSE 9-1)
- Sociology (GCSE 9-1)
- Triple Science (GCSE 9-1)

\*Please note: you can only choose one Art & Design option.

Pupils will receive a link to their Guided Choices Form via their school email.

# The Core Curriculum

English Language and English Literature	11
Mathematics	12
GCSE Sciences	13
PSHE	15
Core PE	16

### English Language & English Literature

Both English Language and English Literature are extremely important subjects in all aspects of life within school and beyond. These GCSEs are required in order to get onto all college courses, apprenticeships and university degrees. Through the skills taught, we are preparing our pupils to participate fully in a democratic society and allowing them to achieve beyond their secondary school experience.

### What will I study?

You will study a range of fiction and non-fiction texts and explore a range of writing styles.

### What skills will I need?

A positive attitude, enthusiasm, and a desire to improve upon the skills you have built at Key Stage 3.

### How will this course be assessed?

Two examinations for English Language and two examinations for English Literature.

### Why is English important?

Both English Language and English Literature allow you to improve your writing skills, vocabulary and ability to understand and interpret texts. English allows pupils to express themselves, verbally and through writing, so that they can communicate their ideas and emotions to others effectively. Through reading, we expose our pupils to a diverse range of texts so that they all have the chance to develop culturally, emotionally, intellectually, socially and spiritually.

### What will this course enable me to do after I leave Malet Lambert?

Both courses provide vital skills needed in all careers. Being able to communicate and infer information will help you progress in a variety of professions.

### What Malet Lambert pupils say about this course:

Pupils enjoy and understand the importance of the subject and feel motivated when learning different texts. They have found the subject enhances their ability in other subjects too.

### Who to ask about this subject: Miss Beadle Sarah.Beadle@

maletlambert.hull.sch.uk

### **Qualifcation:**

English Language GCSE. English Literature GCSE

**Examination Board:** AQA

Entry Requirements: Core subject taken by all



### The Core Curriculum

### **Mathematics**

Mathematics is a creative and highly inter-connected discipline that has been developed over centuries, providing the solution to some of history's most intriguing problems. It is essential to everyday life, critical to science, technology and engineering and necessary for financial literacy and most forms of employment. Mathematics GCSE is simply one of the most important and useful qualifications you can get. The skills you develop are used in virtually all areas of life.

### What will I study?

You will learn to develop mathematical fluency, reason mathematically and solve problems in a wide variety of mathematical and real-life situations.

### What skills will I need?

You will need a positive attitude, determination to succeed and enthusiasm for success. You will be building upon the skills you have developed in key stage three.

### How will this course be assessed?

There will be three examinations at the end of the course.

### Why study Mathematics?

Studying mathematics provides a foundation for understanding the world, the ability to reason mathematically, an appreciation of the beauty and power of mathematics and a sense of enjoyment and curiosity about the subject.

### What will this course enable me to do after I leave Malet Lambert?

This course will enable you to apply your mathematical knowledge wherever relevant in mathematics, other subjects and real life (including financial contexts).

### What Malet Lambert pupils say about this course:

"I love my maths lessons!"

"We are encouraged to dream big as we could achieve anything"

"Maths is a challenging subject for me but with help from my teacher I am confident I will beat my target grade"

"My teacher never stopped believing in any of us"

### Who to ask about this subject:

Mr Gray Stuart.Gray@maletlambert. hull.sch.uk

Qualification: Mathematics GCSE

**Examination Board:** AQA

**Entry Requirements:** Core subject taken by all



### **GCSE Sciences**

Science is a set of ideas about the material world. This course includes all the components of what good science is: whether it be investigating, observing, experimenting or testing out ideas and thinking about them. The way scientific ideas grow through the course will support you in building a deep understanding of science. This will involve talking about, reading and writing about science plus the actual doing, as well as representing science in its many forms both mathematically and visually through models.

### What will I study?

### Science Combined Trilogy (two GCSEs)

Pupils studying combined science will cover the three science disciplines. The majority of the subject content is common to combined science and the single subject GCSE. Practical science is essential for pupils' understanding of scientific theory and there are 16 required practical investigations in this course.

or

### Separate Sciences (three GCSEs)

This is a concept-led course developed to meet the needs of pupils seeking a deeper understanding of basic scientific ideas. The course focuses on scientific explanations and models, and gives pupils an insight into how scientists develop scientific understanding of ourselves and the world we inhabit. It also offers an opportunity to further develop an understanding of science explanations, how science works and the study of elements of applied science, with particular relevance to professional scientists.

### What skills will I need?

This is a compulsory course for all pupils, which provides learners with the opportunity to develop their skills in communication, literacy, mathematics and the use of technology in scientific context.

### How will this course be assessed?

### Science Combined Trilogy:

Pupils will sit GCSEs in combined science at the end of Year 11. All exams are sat at the end of Year 11. There will be six exam papers: two Biology, two Chemistry and two Physics. All papers are 1 hour 15 minutes and are worth 70 marks each. The question style on the papers will include some multiple choice, some structured, some closed short answer, and open response questions. Pupils will sit either a higher paper or a foundation paper. Grades range on the higher paper from the maximum 9-9 to a minimum grade 4-3. On the foundation paper, the maximum grade is 5-5 down to a 1-1 being the lowest.

### Who to ask about this subject: Mr Whittaker Matthew.Whittaker@ maletlambert.hull.sch.uk

**Qualification:** 

- GCSE Combined Science: Trilogy
- GCSE Separate Sciences

**Examination Board:** AQA

**Entry Requirements:** Core subject taken by all



### GCSE Sciences (Continued)

### Separate Sciences:

Pupils will sit GCSEs in Biology, Chemistry and Physics with all exams sat at the end of Year 11. There will be six exam papers: two biology, two Chemistry and two Physics, all papers are 1 hour 45 minutes and are worth 100 marks each. The question style on the papers will include some multiple choice, some structured, some closed short answer, and open response questions. Pupils will be graded 9 to 1 for Biology, Chemistry & Physics. Pupils will again sit either a higher or foundation paper. On the higher paper, the maximum grade 9 can be achieved with a grade 3 being the minimum. On the foundation paper, the maximum grade is 5 down to a 1 being the lowest.

### Why study Science?

Studying Science will broaden your understanding of the world around you, may allow you to influence and develop accepted scientific knowledge, and will give you the skills needed to approach most matters in a reasoned and analytical manner.

### What will this course enable me to do after I leave Malet Lambert?

Separate science or trilogy combined science pupils can take Biology, Chemistry or Physics at advanced level. These courses lead to a wide variety of degrees and employment in the medical, engineering and research industries, to name but a few. Pupils can also progress to vocational courses and qualifications to prepare a pupil for practical and technological work in a wide range of industries, from health and sports to medical and technician work. To study Biology, Chemistry or Physics A-Level, you will likely need a minimum of a grade 6 at GCSE.

### What Malet Lambert pupils say about this course:

"I think it is really interesting and teaches me a lot about the world we live in."

"Science helps me understand what goes on in the outside world."

"Science gives us the knowledge to understand how things work."

### **PSHE** (Personal, Social, Health and Economic Education)

We want to give pupils the knowledge, skills and resilience that they need to achieve inside, outside and after school. PSHE develops a pupils' social, mental, spiritual and physical health to create well-rounded pupils capable of thriving in modern Britain by simulating and practising decision-making. Crucially, we want our pupils to leave in Year 11 fully confident of their own self-worth and ability to succeed in whatever they choose to do.

### What will I study in PSHE?

Pupils explore six units, which cover topics such as: mental health during exams and during pressure-points in life, identity and diversity, relationships, safety online and offline, careers, the working environment, and financial management.

### Why study PSHE?

The purpose of these units is to give pupils the knowledge and the confidence that they will need to make positive decisions in difficult situations. We hope that the lessons they learn in PSHE will be useful long after the pupils leave us. It is also a crucial part of Malet Lambert's dedication to each pupils' personal development during their time at school.

### What will this course enable me to do after I leave Malet Lambert?

It will enable you to make informed, well-balanced decisions, and equips you with the skills to succeed in a variety of personal, professional and social situations.

#### Who to ask about this subject: Miss Ridley Nicole.Ridley@ maletlambert.hull.sch.uk

Entry Requirements: Lessons taken by all one lesson per fortnight



### The Core Curriculum

### **Core PE**

*Physical Education is a compulsory subject for all pupils. The Physical Education course in Years 10 and 11 enables pupils to experience a wide range of sporting activities and promotes lifelong participation.* 

### What will I study?

As part of the PE lessons, groups work together to use the skills they have been taught and developed over Key Stage 3 and cover a range of different sports and activities. These activities and games include: football, rugby, netball, badminton, fitness, dodgeball, tennis, table tennis, cricket, softball, trampolining, volleyball, dance and athletics. Pupils will have the opportunity to follow a pathway that suits their level of performance and aims of participation. The pathways are Competition, Participation, Health & Fitness and Leadership.

### Why study Core PE?

PE will enable you to work well both individually and as part of a team. You will learn key life skills such as team work, leadership and communication. You will learn about health and fitness and have the opportunities to pick up a "sport for life".

### What Malet Lambert pupils say about this course:

"It's great to be able to burn energy after being in a classroom all day"

"It really helps to reduce stress levels"

"It's great because it is a more active lesson"

"The lessons are really good fun and the teachers support our learning"

#### Who to ask about this subject: Mr Ripley Andrew.Ripley@ maletlambert.hull.sch.uk

**Entry Requirements:** Lessons taken by all



Art & Design	18
Art & Design: Textiles	20
Business Studies	22
Computer Science	24
Creative iMedia	25
Design & Technology	26
Drama	28
Engineering Design	30
Enterprise & Marketing	32
Food Preparation and Nutrition	33
French	35
Geography	36
Health and Social Care	38
History	39
INFORMATION TECHNOLOGY	41
Music	43
Photography	44
Physical Education	46
Religious Studies	48
Sociology	49
Spanish	50
Sports Studies	51
Notes	53

### Art, Craft & Design

Art is one of the most diverse subjects available. It covers everything from drawing, painting, digital artwork, photography, print making to sculpture, fashion and illustration. More importantly, it offers an opportunity to develop your creative journey and apply this in original and imaginative ways!

### What will I study?

Pupils study a number of coursework units, which incorporate a wide range of skills, techniques and processes in a variety of mediums. Pupils undertake research into a variety of artists, craftspeople and designers and creatively adapt their style, ideas and materials to their own final outcomes. You will explore your own style and expression by working in the range of materials and analysing the work of artists, crafters and designers.

### What skills will I need?

You will need to be willing and open minded to try a variety of materials and techniques. This requires patience, courage and perseverance. The level of coursework means there is frequent homework to help build a complete and high quality portfolio. To support this process pupils are welcome to undertake work at home or arrange to work at lunch-time or after school with a teacher.

### How will this course be assessed?

The art, craft and design GCSE course is internally assessed and externally moderated. There is the coursework (60% of the GCSE) and an externally set practical exam (40% of GCSE) which gives pupils a range of starting points.

You will then have time to prepare over a period of weeks which will feed into the work you will carry out in the 10 hour unaided controlled conditions.

Pupils are required to demonstrate knowledge and understanding in addition to showing a range of skills and techniques (recording and note making, working independently and in a team, presenting and mounting, investigating the work of others, responding to themes, using appropriate vocabulary, generating and developing ideas) in addition to the time spent making and taking photographs.

### Why study Art & Design?

Being creative and creative thinking is a fundamental skill required in most modern careers. The Art course will allow you to improve your artistic and design skills and give you the opportunity to work in a variety of creative formats.

The creative skills you develop will be essential in employment – the UK has the largest creative sector in the world. There are 1.9 Million jobs (103,000 in Yorkshire and the Humber) in the creative sector with a total of 2.9 million jobs requiring creative people. Taking Art will improve your creativity and give you access to a wider range of professions.

#### Who to ask about this subject: Miss Ruffy

Miss Ruffy Dionne.Ruffy@ maletlambert.hull.sch.uk

### Qualification: Art & Design GCSE

**Examination Board:** AQA



Most importantly it is fun and offers a very different way of learning from writing based academic subjects.

### What will this course enable me to do after I leave Malet Lambert?

Creativity, problem solving, time management and working with others are important skills in the job market and is something employers value highly. The Creative Industries have expanded massively in the last decade; many of the new jobs created are in the creative industries meaning that Art skills are even more in demand. For example, web design, app design and computer games developers require experience in Art & Design and there are now 1.9 million employed in the Creative Sector in the UK.

### **Entry Requirements:**

A good all round level of skills ability (drawing, painting and making) is required to succeed at this level of study. Pupils are expected to undertake a considerable degree of extra curricular study therefore a genuine interest in creativity is vital. Pupils must demonstrate key success gualities such as self-motivation, the ability to work independently, resilience and open mindedness.

### Art & Design: Textiles

Do you enjoy using your creativity? Do you embrace hands on, practical activities? Do you have a flair for design? Then studying Textiles may be for you! Studying Textiles will give you valuable experience of the creative design process and offer diversity in your timetable. A qualification in Textiles can lead onto a variety of courses and careers, such as Fashion and Costume Design, Interior Design, Print Design, Product Design, Visual Merchandising, Textile or Fashion Buying, Textile or Garment Technology, Stylist, and Teaching.

### What will I study?

You will explore the work of existing artists and designers and how to use their work as inspiration. You will develop your skills through creative drawing, designing, working with fabrics and discovering a wide range of Textile techniques and processes.

From this you will produce individual and unique final outcomes, in response to a design brief. The ability to time manage, work independently and communicate are all skills which are used and developed over the two years, as well as your inner creativity!

### What skills will I need?

An ability to develop work from a given design brief, follow the design process and a willingness to experiment with a variety of creative methods and equipment in Textiles. You will need to be critical of your work to consider successes and developments in order to create personal and effective textile responses.

### How will this course be assessed?

This course is split into two components. Component 1 is coursework which is completed in Year 10, through to Year 11. Component 2 is an externally set exam unit, started in Year 11.

Non-Exam Assessment		
Component 1: <b>Year 10 - 11</b>	Pupils will produce a portfolio of coursework in the form of two creative projects, which will make up component one. Pupils will receive a design brief starting point before undertaking artist and designer analysis, creative and observational sketching, an exploration of a variety of textile techniques and processes, and production of design ideas. This will all lead to the manufacture of a final product or art piece utilising various textile skills. This is internally assessed and externally moderated.	Worth 60%

### Who to ask about this subject: Miss Winter

Hannah.Winter@ maletlambert.hull.sch.uk

### **Qualification:**

GCSE Art and Design: Textile Design

**Examination Board:** AQA



Externally Set Exam		
Component 2: Year 11	10 hour practical exam.	Worth 40%
	Pupils will select a design brief from a range set by the exam board. Pupils will then have planning and development time in class before receiving 10 hours exam time to produce a final, practical outcome. This is internally assessed and externally moderated.	

### Why study Textiles?

- If you enjoy working with Textiles and learning different hands on techniques applying pattern and design to fabrics.
- If you have an interest in fashion and enjoy designing.
- If you have an interest in interior design and home accessories.
- If you like using your creativity and developing your own ideas to produce a finished product.
- If you like to learn new skills and experiment with fabric processes.

### What will this course enable me to do after I leave Malet Lambert?

Studying Textiles can lead to a wide range of careers within fashion and creative industries. A GCSE in Textiles will allow entry onto any Art + Design type course at college, including BTEC or A Level. Following that, courses in Art + Design, Fashion, Textile Design, Fashion Marketing/Journalism would be achievable at University.

### What Malet Lambert pupils say about this course:

"You can let your imagination and creativity run free."

"A fun and enjoyable course, I look forward to my Textiles lessons."

"You can develop your skills in a relaxing environment with helpful staff and new equipment."

*"If you're creative, then this is the course for you. You will be able to try different designs throughout this course."* 

"I wish we could have Textiles for the full day!"

"It's both relaxing and fun!"

### **Business Studies**

Whether you're a budding entrepreneur or you are interested in the world of business, then Business is the subject for you. During the course you will investigate and analyse real business opportunities and issues; apply knowledge and understanding to contemporary business issues and develop as an enterprising individual with the ability to think commercially and creatively to make informed business decisions and solve business problems.

### What will I study?

You will learn about and understand the key business concepts, issues and skills involved in starting and running a small business, covering the areas of enterprise and entrepreneurship, spotting business opportunities, putting business ideas into practice and understanding external influences on businesses

You will then examine how businesses develop beyond the start-up phase and begin to grow. You will also then consider the impact of the wider world on the decisions a business takes as it grows. Throughout this, you will also develop your analysis and self-evaluative skills by applying them to given scenarios

### What skills will I need?

An interest in 'Business' and what businesses do, together with a good standard of English and Mathematics would be helpful, but the course is open to everyone.

### How will this course be assessed?

Assessment in the GCSE (1-9) Business course is divided into 2 exams. The first exam focuses on small business start-ups from the entrepreneur's perspective. Paper 2 is focussed specifically on larger businesses, i.e. those which are past the start-up stage. Each exam is worth 50% of the overall GCSE qualification. There are no controlled assessments in this course.

### Why study Business:

Business is a perfect complement to humanities subjects like History and Geography. It also sits well alongside Maths and ICT based studies, particularly if you think you might want to work in business, banking, accountancy, finance or law. You will gain an understanding of the rights and responsibilities of employees and employers as well as gaining an understanding of the legal framework businesses must operate within and both the internal and external factors that can impact on a business.

### What will this course enable me to do after I leave Malet Lambert?

After completing the GCSE Business course you can progress into many different areas of study and work, for example:

- GCE Business
- BTEC Nationals in Business
- other courses in information and communication technology traineeships or apprenticeships in finance, legal, economics, administration and clerical occupations

#### Who to ask about this subject: Mr Bell Paul.Bell@maletlambert.

Paul.Bell@maletlambert hull.sch.uk

### **Qualifications:**

Pearson Edexcel
GCSE 9-1 Business



### What Malet Lambert pupils say about business studies

Pupils enjoy what Business Studies has to offer and consistently achieve grades at least as high as their targets and, in many cases, higher. They also say it leads on to numerous subjects in college with many choosing to continue to study Business as a discrete subject or choosing related option subjects such as Accounting, Marketing, Law, Economics, Politics, etc.



### **Computer Science**

This GCSE will, above all else, be relevant to the modern and changing world of computer science. This is a subject where learners can apply the knowledge and skills learned in the classroom to real-world problems. It is an intensive subject that involves invention and excitement. The qualification will value computational thinking, helping learners to develop the skills to solve problems and design systems that do so.

### What will I study?

In the first component, you will learn about the central processing unit (CPU), computer memory and storage, wired and wireless networks, network topologies, system security and system software. You will also look at ethical, legal, cultural and environmental concerns associated with computer science.

In the second component you will apply the knowledge and understanding gained in the first component. You will develop skills and understanding in computational thinking: algorithms, programming techniques, producing robust programs, computational logic, translators and data representation. The skills and knowledge developed within this component will support you when completing the Programming Project.

### What skills will I need?

An interest in computers and computational thinking as well as problem solving and programming would be useful. Because of the nature of this course, a high standard of mathematics would be helpful.

### How will this course be assessed?

100% Formal Examination across two separate exam papers.

### Why study Computer Science?

Like it or not, you're living in it – this is the Digital Age. Computer programmes have all but infiltrated every aspect of our lives. Computer scientists theorise, design, develop, and apply the software and hardware for the programmes we use day in day out. Every industry uses computers so naturally computer scientists can work in any of them. Problems in science, engineering, health care, and so many other areas can be solved by computers. It's up to the computer scientist to figure out how, and design the software to apply the solution.

### What will this course enable me to do after I leave Malet Lambert?

The qualification provides progression from Key Stage 4 studies by building on the knowledge and skills taught and will provide excellent progression to 'A' level Computer Science, vocational courses and on to degree level courses in the areas of Computing, Engineering and Science.

### Who to ask about this subject: Mr Bell

Paul.Bell@maletlambert. hull.sch.uk

Mr McCall Ken.McCall@maletlambert. hull.sch.uk

Mr Gibson Ethan.Gibson@ maletlambert.hull.sch.uk

Mr Keeton Karl.Keeton@maletlambert. hull.sch.uk

**Qualification:** GCSE in Computer Science

**Examination Board:** Edexcel



### **Creative iMedia**

Enjoy surfing the web, playing video games or downloading the latest apps? Qualifications in creative digital media production open many doors to a multitude of media-related careers from web design to games design and digital publishing. This course gives you the opportunity to participate in the actual design and production of digital media products rather than simply being an end user.

### What will I study?

You will be given the opportunity to gain a broad understanding and knowledge of the various creative digital media sectors such as moving images, audio production, games design, web design and digital publishing. You will also develop specific practical skills in website production, interactive multimedia production and digital graphics.

### What skills will I need?

An interest in multimedia, web design, , graphics, film and marketing along with some skills in 'ICT' would be helpful but the course is open to everyone.

### How will this course be assessed?

60% coursework and 40% formal examination.

#### Why study Creative iMedia?

If you want to open up a range of career opportunities in creative industries like web design, graphic design, social media, film and marketing, this is the course for you. Creative digital media is the industry of the future.

### What will this course enable me to do after I leave Malet Lambert?

Completion of this qualification will support progression to a more specialised academic media qualification, apprenticeship or Level 3 vocational qualification. Furthermore, this will give potential opportunity to enter employment within a wide range of job roles across the creative digital media sectors. These job roles include, for example, positions as assistant editor, web designer, assistant games designer, etc.

### What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the different units as well as the fact that they're developing skills and knowledge in an area of industry that is growing rapidly. It also gives them many opportunities to improve their knowledge and skills across a wide range of ICT software.

### Who to ask about this subject: Mr Bell

Paul.Bell@maletlambert. hull.sch.uk

Mr Midgely Daniel.Midgely@ maletlambert.hull.sch.uk

**Qualification:** Cambridge National Certificate in Creative iMedia

**Examination Board:** OCR



### **Design and Technology**

Do you want to design for the future? Do you enjoy using critical thinking and problem solving skills? Do you like being creative and producing innovative ideas? Design & Technology is a subject that will encourage you to develop design and problem solving skills, and apply your learning to real life situations, using creativity to come up with solutions for real and relevant problems. You will extend your knowledge gained throughout KS3, as well as making links to knowledge gained in other subject areas, such as Maths and Science.

### What will I study?

You will require a passion for Design & Technology with an interest in materials and their applications in product design, as well as design skills to enable you to effectively present ideas. The course will encourage you to broaden your knowledge of materials, processes and design industry practices, and will help you to build up your Design and Technology skills.

### How will this course be assessed?

Throughout Year 10 you will develop a wide breadth of knowledge on materials, including timbers, polymers, metals, paper and board, and fibres and fabrics, alongside core theory principles.

You will also develop knowledge on manufacturing processes, as well as building skills in practical workshop tasks. You will also develop design skills and use critical analysis techniques for reviewing existing products. These skills will all help for beginning your NEA towards the end of Y10 and moving into the final year of the course in Year 11.

Externally Set Exam		
Principles of Design and	2 hour written exam paper.	Worth 50%
Technology	The exam paper consists of two sections:	
	Section 1 – Core Design & Technology principles	
	Section 2 – An in depth assessment of a chosen material category.	

This course is split into two assessed units, which are both undertaken in Year 11.

	Non-Exam Assessment		
lterative Design Challenge	This is a set assignment, where you will produce a design portfolio and will manufacture a working prototype.	Worth 50%	
	In response to a contextual challenge provided by the exam board.		

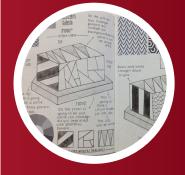
### Who to ask about this subject:

Miss Winter Hannah.Winter@ maletlambert.hull.sch.uk

### **Qualification:**

GCSE in Design and Technology

**Examination Board:** OCR



### Why study Design and Technology?

- If you want to learn more about Design and Technology, including practical and technical knowledge.
- If you are interested in the materials we use in everyday life and how these are used in product design.
- If you enjoy producing design ideas and want to build on these skills.
- If you enjoy using problem solving to produce innovative solutions.
- If you enjoy using practical skills in the workshop.
- You are interested in the creative industries.

### What will this course enable me to do after I leave Malet Lambert?

This course can lead onto further Design & Technology courses, including A Level and university courses, and can lead to a variety of future careers including Product and Furniture Design, Graphic Design, Interior Design, Engineering, and Architecture, amongst many more.

### What Malet Lambert pupils say about this course:

"I enjoy the course an find practical work fun."

"You get to learn lots about different materials in D&T, as well as drawing and designing."

"I think the D&T course is very enjoyable and I like learning about products!"

### Drama

Do you want to develop a range of skills, techniques and personal qualities essential for becoming successful in your working life? Yes? Then this course will benefit you! Employers value employees who are creative, confident and able to communicate effectively.

### What about a career in the Drama industry?

The GCSE award gives you the opportunity to develop as a performer in a practical environment as well as an understanding of various theatre styles and how they are developed on stage. You will also experience the industry first hand through watching live performance.

### What will I study?

During the course you will develop your creative, performing, communication and social skills. You will develop your knowledge of acting practitioners, key skills such as reproducing repertoire and responding to stimulus.

Your team-working skills, independence and confidence will be increased and you will take greater responsibility for the success of your presentations. You'll learn how to organise your time and resources effectively.

### What skills will I need?

Expect to be "hands-on". Drama GCSE assesses your performance skills and encourages you to develop your understanding of theatre through both research and study as well as practical workshops. Skills needed to complete the course are:

- Performance skills ability to use your: voice, body language and facial expressions in rehearsal and performance.
- Creativity ability to develop and explore acting styles, characters and theatre practitioners through research and rehearsal
- Technical or Production skills ability to create costumes, sets, props, lighting or sound.
- Problem Solving expect to be responsible for your own learning at times so having the ability to work independently and overcome problems will assist you in completing the course.
- Good punctuality and attendance- attendance towards lessons is essential in order to keep on top of your workload and complete group activities.
- Team work ability to be respectful and supportive in a collaborative environment, share ideas and listen to the thoughts of others.
- Good Literacy Skills In order to complete written assessments such as performance evaluations and an exam at the end of the course.

### Who to ask about this subject:

Miss Fletcher Jodie.Fletcher@ maletlambert.hull.sch.uk

Miss Snowball Catherine.Snowball@ maletlambert.hull.sch.uk

Qualification: GCSE Drama

**Examination Board:** Eduqas (Part of WJEC)

### **Entry Requirements:**

A keen interest in the field of Drama, some basic acting skills and confidence in performance. Good literacy skills are essential as well as organisation, motivation and time-management.



#### How will this course be assessed?

GCSE Drama is completed over two years. You will be assessed by completing three components. These are based on four learning outcomes set by Eduqas. Each assignment will have a clear deadline and pupils will be formally assessed through-out the whole of Year 11.

- Component 1: Devising Theatre (Internally assessed-externally verified)
- Component 2: Performing from a Text (Externally assessed)
- Component 3: Interpreting Theatre-written exam (Externally assessed)

#### Why study Drama?

- You may want a career within the performing arts industry like being a performer or teacher
- You enjoy working practically with others and you want your learning to be challenging, varied and exciting.
- You want to feel more confident and to develop your independent learning skills.
- You care about how effectively you communicate and interact with the people around you to develop your social and presentation skills.

#### What will this course enable me to do after I leave Malet Lambert?

When you're preparing for an audition, interview, or creating a presentation, first impressions matter, so it is crucial that you are able to recognise and promote your skills with confidence and clarity. This course will help you with that. You will, of course, be well-prepared to follow a higher level Performing Arts course at college or attend a professional Performing Arts school. What's more, the transferable skills you will master during your studies such as self-reflection, communication, teamwork and problem solving will support your progress in the present and future.

# **Engineering Design**

Do you have creative design abilities? Are you interested in how products work and why they are designed the way that they are? Can you tackle formal drawing methods, have excellent analytical writing skills, and can use computer aided design packages? If so, this course could be for you! Studying Engineering Design can lead onto a variety of further courses and roles within the Engineering industry.

### What skills will I need?

You will need a keen interest in engineering and in developing your knowledge of how products function and are manufactured. You will also need to be open to learning new ways to design and to develop drawing skills using three dimensional techniques, as well using research skills, and having a good use of computer software.

### How will this course be assessed?

This course is split into 3 units which are studied across Year 10 and 11. Two of these units are coursework and one unit is a written exam.

Externally Set Exam		
R038: Principles of	One hour and 15 minute written exam paper.	Worth 40%
Engineering Design	The exam paper consists of a mixture of multiple choice, short and extended answer questions.	

Non-Exam Assessment		
<b>R039:</b> Communicating Designs	This is a set assignment where you will present design ideas using a variety of drawing and rendering skills, including technical engineering drawings and CAD representations. This unit is centre-assessed and externally	Worth 30%
	moderated.	
<b>R040:</b> Design Evaluation and Modelling	This set assignment includes product analysis and research, disassembly of a product and it's parts, and both CAD and physical model production. This unit is centre-assessed and externally moderated.	Worth 30%

### Who to ask about this subject:

Miss Winter Hannah.Winter@ maletlambert.hull.sch.uk

### Mrs Parry

Kirsty.Parry@maletlambert. hull.sch.uk

### Qualification:

Cambridge National in Engineering Design

### Examination Board: OCR



#### Why study Engineering?

This qualification is an opportunity to study the processes involved in designing new engineered products. You will use technical skills such as drawing, computer aided design, and isometric and technical drawings to communicate design ideas. The qualification will also encourage you to develop decision making and planning skills. You will learn and understand why different components and materials are chosen for engineered products and apply this to your own designs as well as developing an understanding of how a range of engineered products work and why they have been designed in the ways that they are. You will also have opportunities to use manufacturing skills to develop 3D prototypes to test and evaluate the success of your ideas.

#### What will this course enable me to do after I leave Malet Lambert?

Studying Engineering Design can lead to a wide range of careers within the engineering and manufacturing industries. The qualification will allow entry onto any Engineering based course at College whether a BTEC or A Level, as well as apprenticeships. Following that, courses in Design, Manufacturing, Computer Design, Engineering and Architecture would be achievable at University.

#### What Malet Lambert pupils say about this course:

"You learn a lot about Engineering and it brings opportunities to think about jobs."

*"I find Engineering Design very interesting and I think it's a great starting point if you're looking for a career in Engineering."* 

"It's interesting and teaches you good skills and gives you good knowledge about the real world. It helps you to understand how things are made."

*"There are lots of new things to learn with physical and computer based activities. Fun and interesting."* 

"It's interesting and varied. A good choice!"

### **Enterprise & Marketing**

This qualification is aimed at students who wish to develop applied knowledge and practical skills in enterprise and marketing. It contains both practical and theoretical elements which will prepare students for further study of qualifications in enterprise, marketing or business.

### What will I study?

Through the practical elements you will learn how to identify a customer profile for a given product, complete market research, design a product and then use financial calculations and pricing strategies to determine the viability of a business product. You will then build a brand identity to target a specific customer profile, create a promotional campaign for your brand and product and then pitch your proposal. Through the theoretical element you will learn the risks and rewards of enterprise, what makes a product financially viable, how a marketing mix is used to support a product as well as what to consider when starting up and running an enterprise.

### What skills will I need?

An interest in enterprise and entrepreneurship as well as business and what businesses do, together with a good standard of English and Mathematics, would be helpful but the course is open to everyone. Because a large part of this course is evidenced by coursework completed in the classroom, a high level of school attendance is required.

### How will this course be assessed?

The course is made up of three components: two coursework units that are internally assessed (60%) and one exam that's externally assessed (40%). The three-block structure: explore, develop and apply has been developed to allow you to build on and embed your knowledge. This will allow you to grow in confidence and then put into practice what you have learned. The assessment structure is also designed so that you can build on what you learn and develop your skills as you move through the course.

### Why study Enterprise & Marketing?

If you want to open up a range of career opportunities in industry such as management consultant, marketing manager, sales manager, financial adviser, accountant, investment analyst, etc, then this is the course for you.

### What will this course enable me to do after I leave Malet Lambert?

Completion of this qualification will support progression to a more specialised academic business or enterprise qualifications, apprenticeship or Level 3 vocational qualifications. It also leads onto numerous other subjects in college with many choosing to continue to study Business / enterprise as a discrete subject or choosing related option subjects such as Accounting, Marketing, Law, Economics, Politics, etc.

### What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the different units as well as the fact that they're developing skills and knowledge that are more practical due to the NEA coursework elements of the course.

### Who to ask about this subject:

Mr Bell Paul.Bell@maletlambert. hull.sch.uk

### **Qualification:**

Cambridge National Certificate in Enterprise & Marketing

**Examination Board:** OCR



# Food Preparation & Nutrition

The Food Preparation and Nutrition GCSE will help you to gain knowledge, understanding, skills and encouragement to cook. Over the two-year programme you will develop an understanding of food science, nutrition and healthy eating challenging your brain as well as your taste buds!

### What will I study?

This GCSE is an exciting and creative course that focuses on practical cooking skills, giving you a thorough understanding of nutrition. Food preparation skills are integrated into five core topics:

- Food, nutrition and health
- Food science
- Food safety
- Food choice
- Food provenance

#### What skills will I need?

Resilience is key – great designers don't give up – they keep going and create their own successes. A passion for Food Technology and Science is advised. In addition – a keen interest in flavours, cooking techniques and creative presentation of food products/dishes.

### How will this course be assessed?

50% of the GCSE is a written exam (1 hour and 45 minutes). This will assess your theoretical knowledge of food preparation and nutrition.

- Multiple choice questions (20 marks)
- Five questions each with a number of sub questions (80 marks)

50% of the GCSE will include two NEA's (Non exam assessments):

- Task 1 Food investigation (Food science) including a written report (1500-2000 words) and photographic evidence.
- Task 2 Food Preparation assessment; A written portfolio of evidence regarding the preparation, cooking and presentation range of dishes for a given brief. This assessment culminates in a 3-hour practical exam where pupils have the opportunity to showcase their final menu.

### Why study Food Preparation and Nutrition?

If you love to challenge yourself then Food Preparation and Nutrition is the course for you. Ingredients hold so much potential – for our taste buds and our bodies. With the development of knowledge and skills – a humble vegetable can be transformed into a taste explosion! GCSE Food Preparation and Nutrition will change the way you look at ingredients.

#### Who to ask about this subject: Mrs Sibary Kelly-Ann.Sibary@

maletlambert.hull.sch.uk

Qualification: GCSE

**Examination Board:** AQA

#### **Entry Requirements:**

A keen interest in good quality and healthy ingredients. A passion for cooking and eating!



# Food Preparation & Nutrition (Continued)

At the heart of this course is the need to develop future cooks who can select seasonal ingredients and decide appropriate cooking techniques culminating in nutritious and sustainable recipes.

What will this course enable me to do after I leave Malet Lambert?

You will have all the skills and abilities to go on to further study; an apprenticeship or full time career in the catering or food industries. Perhaps you fancy yourself as a top chef or a food technologist – designing foods for our future generations?

### What Malet Lambert pupils say about this course:

"I wish I could stay in this lesson all day!"

"My favourite part of the lesson is when we get to try each other's dishes"

"Food and Science – I never really thought about what goes on inside the oven!"

### French

Studying French develops communication skills and opens up a world of opportunities leading to a wide variety of careers. There are careers that are strongly language-based such as interpreting, translating or teaching languages, but also many other industries that need linguists to communicate with businesses and customers abroad. Language qualifications are highly valued by colleges, universities and employers.

### What will I study?

You will learn how to effectively communicate with people from French-speaking countries; to listen, speak, read and write more effectively in the target language. You will develop a deeper understanding about how to express yourself clearly and fluently in the target language, and through studying the language you will learn more about the people and culture of French-speaking countries.

#### What skills will I need?

You need to enjoy communicating in the language, have a real interest in how and why the language works in the way it does and be prepared to work hard to develop your language further and with a greater degree of accuracy.

#### How will this course be assessed?

Pupils will sit terminal examinations in all four skill areas. There are two tiers of entry (foundation and higher), but pupils must enter the same for all skill areas. Each skill area makes up 25% of the final GCSE grade.

#### Why study French?

We live in an increasingly global environment. Businesses want to and in many cases need to trade with countries abroad, therefore need people with language skills to help them do this. A good GCSE in a foreign language is something universities are beginning to ask for as a requirement of their course also driven by the demand from businesses but also by the understanding that applying yourself to learning a foreign language shows the capacity to study at the level their institutions require.

#### What will this course enable me to do after I leave Malet Lambert?

You will be able to communicate with French nationals and be equipped with the basic skills required to take your language further in college or at work should you choose this pathway. It is also widely believed that learning a second language helps you to learn additional languages more easily, due to the transferrable skills required. Languages are very flexible – you could work in areas such as journalism, teaching, media, the travel industry and even work abroad.

### What Malet Lambert pupils say about this course

*"Languages are very interesting, fun and useful. If you have a GCSE in French – it opens up new opportunities in the future."* 

"Using Languagenut at home helps me to consolidate language learnt in lessons and builds my confidence with grammar and vocabulary."

### Who to ask about this subject:

Miss G Dalby George.Dalby@ maletlambert.hull.sch.uk

Qualification: GCSE

**Examination Board:** AQA

#### **Entry Requirements:**

A solid understanding of past, present and future tenses with a variety of people. Confident listening, speaking, reading and writing skills. The ability to be able to learn new vocabulary and structures accurately and apply them to new contexts independently.



# Geography

This course is about learning more about the world in which we live. Geography helps you to make sense of the world around you. It is hands on, it is relevant and it is fun. The GCSE course is a good mix of topics such as urban issues, world development, extreme environments, rivers and hazards – to name but a few. The course will give you the chance to get to grips with some of the big questions which affect our world, and understand the social, economic and physical forces and processes which shape and change our world.

### What you will study

We follow the Edexcel A GCSE Geography course.

### Paper 1: The Physical Environment 37.5% of final grade

Topic 1 – The changing landscapes of the UK including coastal landscapes and processes and river landscapes and processes.

Topic 2 – Weather hazards and climate change including an overview of atmospheric circulation, climate change and a study of hurricanes and drought. Topic 3 – Ecosystems and biodiversity management including an overview of global and UK ecosystems with a focus on tropical rainforests and deciduous woodlands.

### Paper 2: The Human Environment 37.5% of final grade

Topic 4 - Changing Cities exploring the process of urbanisation and its impacts on Hull and Mexico City

Topic 5 – Global Development including the causes and consequences of uneven development with a detailed look at the issues in Tanzania

Topic 6 – Resource Management covers an overview of global and UK distribution of food energy and water, with a detailed study of energy management in Norway and Bhutan.

### Paper 3: Geographical Investigations 25% of final grade

Topic 7 – Fieldwork. We complete two fieldwork investigations, studying coastal processes in Hornsea, and land use change in York. The fieldwork trips occur on two separate dates at the end of Year 10/start of Year 11. All pupils are expected to participate in the fieldtrips.

Topic 8 – UK Challenges involves drawing on knowledge from across the physical and human topics, to investigate a contemporary challenge in the UK.

### Assessment

100% examination.

### Why study Geography?

Geography is a broad academic subject which will open up options for you in your future. Employers and universities see Geography as a robust academic subject rich in skills, knowledge and understanding. As a subject linking the arts and the sciences, it is highly flexible.

### Who to ask about this subject:

Miss Cutts, Nichola.Cutts@ maletlambert.hull.sch.uk

Or your Geography teacher.

**Qualification:** GCSE Geography

**Examination Board:** Edexcel A



There are so many ways of learning in Geography. It is very practical, with opportunities to learn new skills such as modern computer-based mapping (called GIS), map skills, interpreting photographs, fieldwork skills, presenting, role play and debating techniques. You will improve your literacy through your report writing and written work and make practical use of your numeracy skills when you interpret data and construct graphs. Fieldwork or working outside the classroom is a really important part of Geography. Whether you go locally or get the chance to travel further away, it will be a brilliant opportunity to experience some of the things you have learnt about in class, see things differently and of course have fun.

#### What will this course enable me to do after I leave Malet Lambert?

As with most subjects, the study of Geography will not get you a job directly, but here are some of the professions people have entered having successfully taken the subject:

- Accountancy
- Computing
- Meteorologist
- Tax inspector
- Armed Services
- Estate Agent
- Pilot
- Teaching
- Banking
- Finance
- Police force
- Travel Agent
- Civil Service
- Law
- Surveying

### Health and Social Care

Cambridge National in Health and Social Care introduces pupils to the specialist knowledge and skills needed to work in various care settings. Underpinning the qualification is a focus on core values and communicating with individuals so as to maintain their dignity and sense of being valued.

#### What will I study?

#### R032: Principles of care in health and social care

In this unit you will learn about the importance of the rights of service users, person-centred values and how to apply them. You will also learn about the importance of effective communication skills when providing care and support for service users in health and social care settings and the procedures and measures used to protect individuals such as safeguarding, hygiene and security.

#### **R033: Supporting individuals through life events**

In this unit you will learn about life stages and the factors that affect them. You will understand expected and unexpected life events and the impact they will have on physical, social/emotional and socio-economic aspects in an individual's life. You will research the service providers and practitioners that can support individuals, recommend support and justify how this will meet the needs of a specific individual.

#### **R034: Creative and therapeutic activities**

In this unit, pupils will learn about a range of creative activities and therapies that are available in health or social care and understand the physical, intellectual, emotional and social benefits of these. Pupils will learn how to plan and deliver a creative activity with an individual or group and evaluate their planning and delivery.

#### What skills will I need?

- Leadership skills
- Communication skills (developed to be suited to people of all ages and abilities)
- Interpreting information
- Research skills
- Planning skills
- Knowledge of health and safety

#### How will this course be assessed?

Pupils will complete three units during the two year course. Two of the units are coursework based and are assessed by producing a portfolio of evidence, these also include practical assessments. Pupils will also be required to sit an exam on the principles of care in health and social care

#### What will this course enable me to do after I leave Malet Lambert?

Pupils who study Health and Social Care can go onto employment in fields such as nursing, paramedic service, counselling, youth work, child care and many other roles.

### Who to ask about this subject:

Miss Genter Emma.Genter@ maletlambert.hull.sch.uk

#### **Qualification:**

Level 2 Certificate (equivalent to one GCSE)

**Examination Board:** OCR

#### **Entry Requirements:**

Pupils need to have an interest in social care at different ages. Must also have an understanding of the body and be confident in taking part in practical assessments



### History

History is a vibrant and popular choice, with nearly two-thirds of our current Y10 cohort opting to take this subject at GCSE. History GCSE aims to encourage you to think deeply about historical themes, enquiries and historic environments and to broaden your horizons and develop a good understanding of societies and the world around you.

#### What will I study?

Paper 1: 30% final grade Thematic Study: Medicine in Britain c1250-present. Historic Environment: The British sector of the Western Front 1914-18, injuries, treatment and the trenches.

**Paper 2:** 40% final grade Period Study: The American West c1835-95 British Depth Study: Early Elizabethan England 1558-88

Paper 3: 30% final grade Modern Depth Study: Weimar & Nazi Germany, 1918-39

#### What skills will I need?

You will require the ability to recall and deploy detailed historical knowledge about the four periods of study as a good knowledge base is at the core of your understanding of this subject. You will also need to develop further the key skills you have been introduced to throughout your KS3 History curriculum e.g. the ability to analyse and evaluate the usefulness of historical sources; the ability to interpret and compare different views of the past; the ability to explain causes and consequences of key events and also to show an understanding of the key narratives over periods of time. Good literacy skills are essential, so key texts, sources and interpretations can be accessed and your answers communicated effectively. Organisational skills are also important to help you manage the revision requirements for the content of GCSE History. This course also provides opportunities for the development of critical thinking, ICT and interpersonal skills.

#### How will this course be assessed?

100% examination

#### Why study History?

History is your window into the past. You can be inspired by acts of bravery and the genius of our ancestors. Understanding the past is the key to understanding the present. You can apply information from the past to analyse and solve problems in the present and it keeps you informed on current events as they unfold. It gives you an understanding of other people and cultures and it helps you appreciate multiple perspectives and interpretations. You can learn how people lived with and overcame hatred, fear and discrimination.

#### Who to ask about this subject: Miss Cutts Nichola Cutts

Nichola.Cutts@ maletlambert.hull.sch.uk

**Qualification:** GCSE History

**Examination Board:** Edexcel

**Entry Requirements:** An interest in History



### History (Continued)

Analysing history strengthens your critical thinking skills. It trains you to gather evidence and to find patterns and trends. History challenges you to think outside the box and to be creative. It gives you the excitement of discovery and the reward of solving real-world problems.

#### What will this course enable me to do after I leave Malet Lambert?

The course is a great basis for moving onto AS and A Level courses in History, Archaeology, Sociology, Government and Politics, Psychology, English Language, English Literature, RE, Anthropology, Media or Law. The decision making and analytical skills developed in History qualifications are valued by many employers in a wide variety of areas such as:

- Business and project management
- The media
- Local and national government and politics
- The Civil Service
- Transport logistics
- Healthcare
- Conservation
- Heritage organisations
- HR
- Publishing
- Charitable organisations
- Education
- The Police
- Legal work (solicitor or barrister)
- Social work
- The Armed Forces.

A History qualification will serve you well in any career where you have to understand people, countries, societies, beliefs and cultures. Your skills in locating and sifting through information to help you identify the truth and the ability to present your findings in a way that will make sense to others will be essential in a range of career paths.

#### What Malet Lambert pupils say about this course:

"It's interesting to see how we are now because of previous events."

"The GCSE topics are really interesting. I like learning about Nazi Germany."

"Learning about the world's past ensures we don't make similar mistakes in the future."

"History provides you with skills you can take into any other subject or career."

### **Information Technology**

Chosen by over a million pupils every year, BTECs are vocational qualifications designed to help pupils succeed. You will develop knowledge and understanding through applying your learning to work-related contexts, and gain the skills you need for further study and employment. Designed specifically for schools, BTEC Tech Awards are brand new Level 1 and Level 2 qualifications. Complementing GCSEs and providing a first glimpse into a professional sector, these qualifications assess you through scenario-based external assessments rather than traditional exam formats.

#### What will I study?

You will be given the opportunity to gain a broad understanding and knowledge of the design principles behind user interface design and build up knowledge of project planning techniques. You will explore how data impacts on individuals and organisations as well as develop skills in data manipulation and presentation. Furthermore, you will explore how modern information technology is evolving, consider the legal and ethical issues in data sharing and understand what cyber security is and how to safeguard against it.

#### What skills will I need?

An interest in computer systems and software would be helpful but the course is open to everyone. Because a large part of this course is evidenced by coursework completed in the classroom, a high level of school attendance is required.

#### How will this course be assessed?

The course is made up of three components: two coursework units that are internally assessed (60%) and one exam that's externally assessed (40%). The three-block structure: explore, develop and apply has been developed to allow you to build on and embed your knowledge.

This will allow you to grow in confidence and then put into practice what you have learned. The assessment structure is also designed so that you can build on what you learn and develop your skills as you move through the course.

#### Why study IT:

The UK is a world leader in the creative digital industry. This qualification aims to build on this technical innovation and creativity by engaging and enthusing young people with an interest in areas such as interactive multimedia products and data manipulation, as well as allowing them to explore how modern information technology is evolving, consider wider ranges of issues with data sharing and cyber security.

The course gives you the chance to identify, engage with and apply the skills that contribute to the success of the industry.

#### What will this course enable me to do after I leave Malet Lambert?

The BTEC Tech Award is a practical introduction to life and work in the Digital Information Technology sector, so you can develop your understanding of the sector and see whether it's an industry you'd like to be in. Completion of this qualification will support progression to a more specialised IT related

#### Who to ask about this subject: Mr Bell Paul.Bell@maletlambert. hull.sch.uk

#### **Qualification:**

BTEC Tech Award in Digital Information Technologies

**Examination Board:** Edexcel



### **Information Technology** (Continued)

qualification, apprenticeship or Level 3 vocational qualification. This will furthermore give potential opportunity to enter employment within a wide range of job roles across many IT sectors.

#### What Malet Lambert pupils say about this course:

Pupils enjoy the variety of content across the units as well as the fact that they're developing skills and knowledge that are more practical due to the NEA coursework elements of the course.

### Music

Music is constantly evolving, inspiring creativity and expression in a way that few other subjects can. GCSE music offers pupils the chance to study a wide range of musical genres, with plenty of opportunities for practical learning. GCSE music brings theory, listening, performance and composition to life in engaging ways, supporting pupils to make links to the musical world around them.

#### What will I study?

The four areas of study within the GCSE are designed to develop knowledge and understanding of music through the study of a variety of styles. They value all musical tastes, instruments and genres. The four areas of study are:

- AoS1: Western Classical Tradition (1650 1910)
- AoS2: Popular Music
- AoS3: Traditional Music
- AoS4: Western Classical Tradition since 1910

#### What skills will I need?

- Experience of playing a musical instrument or singing, or using a DAW (digital audio workstation) The music department can arrange lessons, so please contact Mrs Wilkinson, if this is of interest
- An interest in developing skills in composition
- An open-minded approach to exploring a wide range of musical genres from different historical periods
- A strong commitment to your development as a musician

#### How will this course be assessed?

- Performance skills will be assessed through a controlled assessment in Year 11 internally and verified by an external moderator. One solo performance and one ensemble (group) performance must be recorded and submitted for assessment
- Composition skills will be assessed internally and verified by an external moderator. You will compose two pieces, one in response to a brief set by the exam board, and one free composition that must link to one of the areas of study
- Listening and Appraising skills will be assessed through an exam, taken at the end of Y11. Pupils will hear familiar music (study pieces covered throughout the course) and unfamiliar music from each of the areas of study.

#### Why study Music?

Neuroscience have demonstrated that learning to play a musical instrument or sing leads to changes in a child's brain that make it more likely they will reach their full cognitive and academic potential.

Music is the one subject that supports progress in all other areas of academic life. These factors contribute to the reasons that employers view the ability to play a musical instrument or sing as a huge asset, when listed on a CV.

### Who to ask about this subject:

Mrs Wilkinson Kathryn.Wilkinson@ maletlambert.hull.sch.uk

Qualification: GCSE Music

**Examination Board:** AQA



# Photography

Photography is more than just drawing with light as is the Greek origins of the word. You may be able to take 'snaps' but can you compose and 'make' a photograph? Can you capture decisive moments? Photography has world importance and is about telling stories and more importantly protecting memories.

#### What will I study?

Pupils will produce practical and critical/contextual work in one or more areas(s) including theme based photography such as: portrait, landscape (working from natural or built up environments), still-life (working from natural or manufactured objects), documentary photography (photo-journalism), narrative photography, reportage, fine art photography, experimental imagery, photographic installation, or new media such as computer manipulated photography.

#### What skills will I need?

You will need a good set of ICT skills as all of your work will be stored and managed in online digital portfolios. You will also need to be self-motivated, creative and resilient as you will need to learn and develop new photographic technical skills. Your English written and communication skills are important as you will need to be reflective of your work in your portfolio and analyse the work of professional practitioners while developing ideas that show an understanding of the world of photography.

You will need your own SD card to upload your photos.

#### How will this course be assessed?

The photography GCSE is an endorsement of the art GCSE course and therefore follows the same assessment process. The course is internally assessed and externally moderated. There is the coursework (60% of the GCSE) and an externally set practical exam (40% of GCSE) which gives pupils a range of starting points. You will then have time to prepare over a period of weeks which will feed into the work you will carry out in the 10 hour unaided controlled conditions.

Pupils are required to demonstrate knowledge and understanding in addition to showing a range of skills and techniques (recording and note making, working independently and in a team, presenting and mounting, investigating the work of others, responding to themes, using appropriate vocabulary, generating and developing ideas), in addition to the time spent making and taking photographs.

#### Why study Photography?

Being a creative thinker is a fundamental skill required in most modern careers. The photography course will allow you to improve your artistic and design skills and give you the opportunity to work in a variety of creative formats. The photographic industry contributes to UK revenues in the region of £1.5 billion a year. Who to ask about this subject: Miss Ruffy Dionne.Ruffy@ maletlambert.hull.sch.uk

**Qualification:** GCSE Photography

**Examination Board:** AQA



The creative skills you develop will be essential in employment – the UK has the largest creative sector in the world, there are 1.9 Million jobs (103,000 in Yorkshire and the Humber) in the creative sector with a total of 2.9 million jobs requiring creative people.

#### What will this course enable me to do after I leave Malet Lambert?

Creativity, problem solving and working with others to develop ideas are the most important skills in the job market and employers value these highly. The Creative Industries have expanded massively in the last decade; many of the new jobs created are in the creative industries meaning that these skills are even more in demand.

Most professional photographers specialise in one area, such as fine art, fashion, advertising, editorial or social photography. Around half of all professional photographers are self-employed. The remainder work for a wide-range of employer, including creative businesses, publishers and photographic agencies, or in the education or public sector.

#### Entry Requirements:

Pupils who choose to pursue this option should be able to demonstrate a genuine interest in creativity and the following qualities to succeed: independence (much of your project photography work will be produced in your own time), Commitment, selfmotivation, eye for detail and presentation. Good organization skills, time management skills (you must meet coursework deadlines), technical skills, resilience and open mindedness are also needed.

### **Physical Education**

GCSE PE is a practical and theory based course. The course is 70% theory and 30% practical. If you have a keen interest in all sporting activities and already participate in at least two sports (on the activity lists below) to a high standard then this course could be the right one for you.

#### What will I study?

In theory, you will study over 50 topics ranging from the body systems to social groupings, health and fitness to sponsorship and media, components of fitness/ testing to interest and motivation, drugs in sport to diet plus many more.

In practical, pupils are required to be assessed in three different activities in the role of player/performer only. One of these assessments must be in a team activity, one assessment must be in an individual activity, with the third assessment being in either a team or individual activity.

Pupils can only be assessed once in any activity, including where an activity is included in both the individual activity list and the team activity list. E.g. they may not be assessed in both doubles tennis and singles tennis.

Team Sports				
Acrobatic gymnastics	Association football	Badminton		
Basketball	Blind cricket	Camogie		
Cricket	Dance	Field hockey		
Figure skating	Futsal	Gaelic football		
Goal ball	Handball	Ice hockey		
Inline roller hockey	Lacrosse	Netball		
Powerchair football	Rowing	Rugby League		
Rugby Union	Sailing	Sculling		
Squash	Table cricket	Table tennis		
Tennis	Volleyball	Water polo		
Wheelchair basketball	Wheelchair rugby			
Individual Sports				
Amateur boxing	Athletics	Badminton		
Boccia	Canoeing	Dance		
Diving	Equestrian	Figure skating		
Golf	Gymnastics	Kayaking		
Polybat	Rock climbing	Sailing		
Sculling	Skiing	Snowboarding		
Squash	Swimming	Table tennis		
Tennis	Track or Road Cycling/BMX	Trampolining		
Windsurfing				

Who to ask about this subject: Mr Ripley Andrew.Ripley@ maletlambert.hull.sch.uk

**Qualification:** GCSE Physical Education

**Examination Board:** OCR

#### **Entry Requirements:**

Play in two team/ individual sports to a high standard (either in or out of school).



#### What skills will I need?

You will need to be able to work well, both independently and as part of a team. You must have a keen interest in ALL sporting activities and **perform them at a high level**. You will need to be confident, a good communicator, well organised and assertive. All of these qualities, plus many more, will assist you in your role as a player/performer.

#### How will this course be assessed?

GCSE PE is a practical (30%) and theory (70%) based course that will involve experiencing a wide range of sporting activities. At the end of Year 11 you will sit two theory exams (both 1 hour) which covers everything you have learnt in your theory lessons.

#### Why study Physical Education?

Are you a motivated, committed and determined pupil who works well as an individual and as part of a team? If so, GCSE PE is a fantastic opportunity for you to gain a highly recognised qualification and develop key life skills within a fun, stimulating learning environment.

#### What will this course enable me to do after I leave Malet Lambert?

Studying GCSE PE will assist you in furthering your education e.g. A Levels, BTEC's and coaching awards and in your future career choices such as Physiotherapy, Journalism, Teaching, Coaching, Fitness Instructing and Sports Management.

#### What Malet Lambert pupils say about this course

"It's good – you learn all about the body and what exercise does to you."

"You learn new sports and develop your knowledge of the rules too."

"You develop your skill level in the sports you can already do."

"You develop strategies and tactics in order to win."

"It's great because it is a more active lesson."

"The theory and practical combine so what you learn in theory – you can apply in practical lessons."

"The lessons are really good fun and the teachers support our learning."

## **Religious Studies**

Religious Studies as a subject is highly valued by employers, institutes of higher and further education, because it demonstrates that pupils have a good understanding of the beliefs and values of others and are able to reach clear and balanced decisions through philosophical thought and analysis. We live in a multi-cultural society and opportunities to travel and work abroad are open to us all. Moreover, it is increasingly important for us to understand and evaluate different religions, cultures and the often complex and contradictory answers to moral issues that they present.

#### What will I study?

- · Christianity and its beliefs and practices
- Buddhism and its beliefs and practices
- Ethical and moral issues and various religious responses
- You will learn how having a belief impacts on an individual's life.
- You will discover how different religions practise their faith and their reasons for behaving this way.
- You will be aware of different perspectives on the issues studied, within and/ or between religions, as well as considering non-religious views.

#### How will the course be assessed?

#### The study of Beliefs, Teachings and Practice – Component 1

- Buddhist beliefs
- Buddhist practices
- Christian beliefs
- Christian practices

This component is assessed by one examination lasting 1 hour 45 minutes and is worth 50% of the GCSE. There is no coursework.

#### **Thematic studies – Component 2**

- Theme A: Relationships and families
- Theme B: Religion and life
- Theme D: Religion, peace and conflict
- Theme E: Religion, crime and punishment.

This unit is assessed by one examination lasting 1 hour 45 minutes and is worth 50% of the GCSE. Pupils answer all themes

#### Why study Religious Studies?

Many pupils will go on to study RS further at A Level and university level. Religious Studies teaches you about the diversity of our society and of others across the world. It challenges you to work with others, appreciate difference and prepares you to work in a multicultural society. Jobs include working for the police, law, being an advice worker, journalism, management and the medical profession to name but a few. Even if you do not wish to travel the world, it is important that you are aware of the diverse world we live in. Famous people who studied Religious Studies and Philosophy include: Ricky Gervais, Katy Brand, Martin Luther King Jnr, Mayam Bialik, Matt Groening and Bruce Lee.

### Who to ask about this subject: Miss Norman

Amy.Norman@ maletlambert.hull.sch.uk

Qualification: GCSE

**Examination Board:** AQA



# Sociology

This course aims to broaden pupil minds, helping them to see the world from different perspectives in new and thought provoking ways. GCSE sociology helps pupils to gain knowledge and understanding of key social structures, processes and issues through the study of families, education, crime and deviance and social stratification.

#### What will I study?

You will develop your analytical and communication skills by comparing and contrasting on a variety of social issues, constructing reasoned arguments, making substantiated judgements and drawing on reasoned conclusions. By studying sociology, you will investigate facts, develop opinions and new ideas on social issues, you will be able to analyse and better understand the social world. - Some of the key topics covered are;

- The sociological approach
- Social structures, social processes and social issues
- Families
- Education
- Crime and Deviance
- Social Stratification
- Sociological research methods

#### What skills will I need?

You will be encouraged to take a questioning approach to evidence and issues, develop your critical and evaluative skills. You can expect to be engaged in whole class discussions, debates where you will be able to express your opinion, work in small teams and work on case studies, immersing yourself in sociological theory. Lessons are packed with interesting content, that you will find topical and relevant. There is an expectation because of the large amount of content that you will have weekly reading on top of your homework. Therefore, you need to be able to manage your time efficiently.

#### How will the course be assessed?

The qualification is linear, which means you will sit all exams at the end of key stage 4. You will sit two exams both worth 50% of the qualification. Paper 1: The sociology of families and education Paper 2: The sociology of crime and deviance and social stratification

Research methods are assessed in both components.

The exam questions on both papers consist of a range of short and extended questions.

#### Why study sociology?

The course is ideal for those wishing to study A level Sociology, History, Psychology or Health and Social Care, and those wishing to pursue a career in teaching, law, public services and health and social care.

### Who to ask about this subject:

Miss Pearson Keri.Pearson@ maletlambert.hull.sch.uk

Qualification: GCSE

**Examination Board:** Edugas



## Spanish

Studying Spanish develops communication skills and opens up a world of opportunities leading to a wide variety of careers. There are careers that are strongly language-based such as interpreting, translating or teaching languages, but also many other industries that need linguists to communicate with businesses and customers abroad. Language qualifications are highly valued by colleges, universities and employers.

#### What will I study?

You will learn how to effectively communicate with people from Spanishspeaking countries; to listen, speak, read and write more effectively in the target language. You will develop a deeper understanding about how to express yourself clearly and fluently in the target language, and through studying the language you will learn more about the people and culture of Spanish-speaking countries.

#### What skills will I need?

You need to enjoy communicating in the language, have a real interest in how and why the language works in the way it does, and be prepared to work hard to develop your language further and with a greater degree of accuracy.

#### How will this course be assessed?

Pupils will sit terminal examinations in all four skill areas. There are two tiers of entry (foundation and higher), but pupils must enter the same for all skill areas. Each skill area makes up 25% of the final GCSE grade.

#### Why study Spanish?

We live in an increasingly global environment. Businesses want to and in many cases, need to trade with countries abroad, therefore they need people with language skills to help them do this. A good GCSE in a foreign language is something universities are beginning to ask for as a requirement of their course also driven by the demand from businesses, but also by the understanding that applying yourself to learning a foreign language shows the capacity to study at the level their institutions require. Languages are very flexible – you could work in areas such as journalism, teaching, media, the travel industry and even work abroad!

#### What Malet Lambert pupils say about this course

"GCSE Spanish is really interesting and it is exciting to go to another country and be able to talk to people in their own language - I had a lot of fun on the Madrid trip."

*"Learning a language opens up new opportunities for the future and gives me another skill to offer when I am applying for a job."* 

"Using Languagenut at home helps me to consolidate language learnt in lessons and builds my confidence with grammar and vocabulary."

### Who to ask about this subject:

Miss G Dalby George.Dalby@ maletlambert.hull.sch.uk

Qualification: GCSE

**Examination Board:** AQA

#### Entry Requirements:

A solid understanding of past, present and future tenses with a variety of people. Confident listening, speaking, reading and writing skills. The ability to be able to learn new vocabulary and structures accurately and apply them to new contexts independently.



### **Sports Studies**

Sports Studies is a more coursework based course than GCSE PE, the course is assessed using one exam (40%) and by completing 2 detailed pieces of coursework (60%).

Cambridge National in Sport Studies will encourage pupils to think for themselves about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required there. They will study up to the minute topics affecting sport through the contemporary issues unit, both play and lead sporting activities, as well as having the chance to explore the world of outdoor sport.

Sports Studies lessons will be a mixture of theory and practical lessons, pupils will need to be able to lead a sports coaching session and take part in outdoor activities (e.g. Kayaking, archery and raft building) during a compulsory visit to Welton Waters.

#### What will I study?

You will complete three units

#### R184: Contemporary issues in sport

In this unit, pupils will learn about a range of topical and contemporary issues in sport, relating to participation levels and barriers, promotion of values and ethical behaviour, the role of high-profile sporting events, the role of national governing bodies and how technology is used within sport. This unit it assessed using a 1 hour 15 minute exam in Year 11.

#### **R185: Performance and leadership in sports activities**

In this unit, pupils will learn how to develop their skills as both a performer, in two different sporting activities, and as a leader in one activity. As a leader, they will have the opportunity to plan, deliver and review safe and effective sporting activity sessions. They also have the opportunity to develop a range of transferable skills.

Pupils will work both independently and as part of a team, including communicating with teammates as well as being in front of an audience when they perform. They will perform under pressure, both as a participant and as a leader, and will use their initiative to solve problems and make decisions. They will also deal with rapidly changing conditions and situations.

#### R187: Increasing awareness of outdoor and adventurous activities

In this unit, pupils will learn how to find out information about what opportunities there are in their local area, as well as nationally in the UK, for all different types of activities. They will learn how you can benefit from and enjoy activities safely by finding out what equipment, clothing, facilities and technology you need, as well as completing planning to help keep them safe.

#### Who to ask about this subject: Mr Ripley

Andrew.Ripley@ maletlambert.hull.sch.uk

#### **Qualification:**

Level 2 Certificate (equivalent to one GCSE)

Examination Board: OCR

#### **Entry Requirements:**

Need to have a very good participation rate in PE lessons. Must also have a keen interest in all aspects of the sporting world and take part in sport on a regular basis.



#### What skills will I need?

- Good practical Sporting ability
- A very keen interest in sport (playing & watching)
- Knowledge of techniques used to perform sports skills
- Leadership skills
- Knowledge of the rules in different sports
- Communication skills
- Interpreting information
- Research skills
- Teamwork
- Planning skills
- Knowledge of health and safety

#### How will this course be assessed?

Pupils will complete three units during the two year course. Two of the units are coursework (60%) based and are assessed by producing a portfolio of evidence, these also include practical assessments in two different sports. Pupils will also be required to sit an exam on contemporary issues in sport (40%).

For the developing sports skills unit, pupils will be assessed in two activities from the lists below. Pupils can use two team sports, two individual sports or one team and one individual sport:

- **Team sports:** Association football, Badminton, Basketball, Camogie, Cricket, Dance, Gaelic football, Handball, Hockey, Hurling, Lacrosse, Netball, Rowing, Rugby league, Rugby union, Squash, Table tennis, Tennis & Volleyball.
- Individual sports: Amateur boxing, Athletics, Badminton, Canoeing, Cycling, Dance, Diving, Golf, Gymnastics, Equestrian, Kayaking, Rock climbing, Rowing, Sculling, Skiing, Snowboarding, Squash, Swimming, Table tennis, Tennis & Trampolining.

### Notes


### Notes

### Notes


01482 374211
enquiries@maletlambert.hull.sch.uk
maletlambert.co.uk
James Reckitt Avenue, Kingston-upon-Hull, HU8 0JD